## EVERY DAY

6:15 pm More Gratitude Less Attitude (Bradenton) Central Christian Church 926 15th Street West (Child care available/children welcome) (Open Discussion, Dinner/Speaker Every Second Tuesday of the Month, Step Meeting on 1,2,3 Every Sunday)

### MONDAY to FRIDAY

 7:30 am Serenity in the Morning (Sarasota) Church of Redeemer
 222 South Palm Avenue (Literature Study, Open Discussion)
 10:00 am Never Alone (Sarasota) The Gratitude Club 530 Payne Parkway (Rotating Format: BT/OD/IW H&W/S-D/OD)
 12:05 pm 12 O'clock Clean (Sarasota) Church of Redeemer

Church of Redeemer 222 South Palm Avenue (Open Discussion, Fri: Basic Text)

#### SUNDAY

- 9:00 am *Peace in the Morning* (Sarasota) Turtle Beach South Pavilion 8940 Midnight Pass Road (*Open Discussion*)
   10:15 am *Waves of Recovery* (Bradenton) Manatee Public Beach, 4200 Gulf Drive North of playground, Holmes Beach (*Open Disc.*)
- 7:00 pm New Beginnings YPG (Sarasota)
   Siesta Key Chapel
   4615 Gleason Avenue (Young people's group)
- 7:15 pm
   East Side Recovery (Bradenton)

   Faith United Church of Christ
   4850 State Road 64 East (Meditation)
- 8:00 pm C.A.L.L. Group (Bradenton) Christ Episcopal Church 4030 Manatee Avenue West (Open Discussion)

#### 8:00 pm We Do Recover (Sarasota) St. Thomas More Catholic Church 2506 Gulf Gate Drive (Spirit Center) (Rotating Format: Step/IP/Tradition/Open) (Speaker 5th Sunday of the Month)

# MONDAY

- 12:05 pm *I2 O'clock Clean* (Sarasota) Church of Redeemer 222 South Palm Avenue (*Open Discussion*)
   7:00 pm *The Atmosphere of Recovery* (Sarasota)
- St James Methodist Church 2049 North Honore Avenue (*Open Discussion*)
- 7:00 pm
   Women in Recovery Group (Bradenton)

   Christ Episcopal Church NEW TIME \*\*
   4030 Manatee Ave. West (Open Discussion)
- 8:00 pm High Hopes (Sarasota) The Worship Center 3341 Gocio Rd. (Open Discussion)
  8:00 pm Principles B-4 Personalities (Sarasota)
  - Our Lady Queen of Martyrs 833 Magellan Drive (Literature study last Monday of the month)

#### TUESDAY

- 12:05 pm 12 O'clock Clean (Sarasota) Church of Redeemer 222 South Palm Avenue (Open Discussion)
   6:30 pm Lifeboat Meeting (Siesta Key) Siesta Key Chapel 4615 Gleason Avenue (Round Robin Format, Beginners Welcome)
- **7:00 pm** *Frontline Group* (Sarasota) Our Lady Queen of Martyrs Church 833 Magellan Drive (*Open Discussion*)
- 7:00 pm *Men's Meeting* (Sarasota) Unitarian Universalist Church 3975 Fruitville Road (*Open Discussion*)
- 7:00 pm *Waves of Recovery (Bradenton)* Manatee Public Beach 4200 Gulf Dr. North of playground, Holmes Beach (Open discussion \*\*\*\* SUMMER ONLY !! )
- 7:00 pm *Women's Perspective* (Sarasota) Church of Redeemer 222 South Palm Avenue (*Open Discussion*)
- 7:30 pm Recovery By The Books (Bradenton) Bayshore Baptist Church (Smoke-free Campus) 6502 14th Street West (Closed, addicts only) (Rotating Format: Ask It Basket & JFT/Speaker)
- 8:15 pm *Tradition Twelve* (Sarasota) St. Wilfred's Church 3773 Wilkinson Road

#### WEDNESDAY

12:05 pm 12 O'clock Clean (Sarasota) Church of Redeemer 222 South Palm Avenue (Open Discussion) 6:00 pm Unity & Serenity Group (Bradenton) Hope Lutheran Church 4635 26th Street West (Open Discussion) 7:00 pm The Wednesday Meeting (Lakewood Ranch) Lakewood Ranch Medical Center 8330 Lakewood Ranch Blvd (Conference room 2) (Chairman's choice) 7:30 pm Solution Revolution (Sarasota) Turtle Beach South Pavilion 8940 Midnight Pass Road (Open Discussion) 8:00 pm The "No Matter What" Club (Sarasota) First Step Residential 4613 N Washington Blvd (Open Discussion)

#### THURSDAY

12:05 pm 12 O'clock Clean (Sarasota) Church of Redeemer 222 South Palm Avenue (Open Discussion) 6:30 pm Girls Gone Good (Bradenton) Our Lady Queen of Martyrs Church Room #3, 833 Magellan Drive (Open Discussion, Speaker last Thursday of Month) 7:00 pm *Keep it Simple* (Bradenton) Hope Lutheran Church 4635 26th Street West (JFT/Basic Text Study) 7:00 pm Solutions in the Steps (Sarasota) First Brethren Church 150 North Shade Avenue (Last week of the month reading Traditions) 7:15 pm East Side Recovery (Bradenton) Faith United Church of Christ 4850 State Road 64 East 8:15 pm Admission of Defeat (Sarasota) (\* TIME CHANGE) St. Wilfred's Church 3773 Wilkinson Road (Open Discussion, candlelight)

## FRIDAY

12:05 pm 12 O'clock Clean (Sarasota) Church of Redeemer 222 South Palm Avenue (Literature meeting on Fridays) 7:00 pm Friday Night Clean (Bradenton) 43<sup>rd</sup> Street Church of Christ 2300 43<sup>rd</sup> Street West (Back of the building) (Open Discussion) 6:30 pm Living the Literature (Siesta Key) Siesta Key Beach S. Pavilion 948 Beach Rd. (Speaker 1st Friday) 6:45 pm *Living Clean* (Sarasota) The Gratitude Club 530 Payne Parkway (Read from Living Clean Meditation Discussion) East Side Recovery (Bradenton) 7:15 pm Faith United Church of Christ 4850 State Road 64 East 8:00 pm New Directions (Sarasota) First Brethren Church 150 North Shade Ave. (OD)

**9:00 pm** *Friday Night Lights* (Sarasota) First Step Residential 4613 North Washington Blvd. (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Friday Open Discussion, 4<sup>th</sup> Friday Speaker)

## SATURDAY

Just for Today (Sarasota)
Church of the Redeemer
222 South Palm Avenue (JFT)
Peace in the Morning (Sarasota)
Turtle Beach South Pavilion
8940 Midnight Pass Road (Open Discussion)
East Side Recovery (Bradenton)
Faith United Church of Christ
4850 State Road 64 East
Never Alone (Sarasota)
The Gratitude Club
530 Payne Parkway
(Rotating Format: BT/OD/IW H&W/S-D/OD)
Saturday Night Speaker (Sarasota)
First Step Residential
4613 N. Washington Blvd. (Speaker Meeting)
Fresh Start Group (Bradenton) ** New Location
Sara Bay Baptist Church
415 67th Ave W. Bradenton (OD, Speaker last week)
Basic Text Study (Sarasota)
Bahia Vista Mennonite Church
4041 Bahia Vista Street (BT Study)

Fellowship Development Committee 2nd Sunday of the month 1:30PM for Resources 2:30PM for FDC / 3:30PM FDC Orientation Our Lady Queen of Martyrs Church 833 Magellan Drive, Sarasota

Area Service Committee 2nd Sunday of the Month @ 4:00 pm Our Lady Queen of Martyrs Church 833 Magellan Drive, Sarasota OTHER FLORIDA PHONE LINES

Bahamas:(242) 426-5245
Boca/Delray: (561) 393-0303
Citrus: (352) 382-0851
Dade North: (866) 935-8811
Dade South: (305) 265-9555
Daytona:(800) 206-0731 /(386) 628-0318
Eustis/Chain of Lakes:(352) 319-5617
Ft. Lauderdale:(888) 524-1777
Ft. Myers:(866) 389-1344
Ft. Walton:(850) 496-1673
Gainesville (Un-Coast):(866) 352-5323 /(352) 376-8008
Hardee/Heartland:(863) 683-0630
Hernando:(352) 754-7200
Hollywood:(866)517-9997 / (954) 967-6755
Inverness River Coast:(352) 382-0851
Jacksonville (First Coast): (904) 723-5683
Keys:(866) 584-2411
Melbourne/Brevard:(321) 631- 4357
Naples:(888) 435-7301
Ocala:(352) 368-6061
Okeechobee:(772) 343-8373
Orlando:(866) 579-8333 / (407) 425-5157
Palm Beach:(561) 848-6262
Pasco County/New Port Richey:(727) 842 -2433
Pensacola:(850) 496 -1673
Polk/Highland:(863) 683-0630
Port Charlotte/Peace River Area:(800) 381 -7371
South Florida (Toll Free):(866) 288-NANA
St. Pete/Clearwater/Bay Area:(727) 547-0444
Stuart, Vero & Pt. St. Lucie:(772) 343-8373
Tallahassee/Big Bend:(877) 340-5096 / (850) 224-2321
Tampa(Fun Coast):(813) 879-4357
Venice (Shark Coast):(866) 288-NANA / (941) 493-5747

#### **Suggestions for Staying Clean:**

> Attend 90 meetings in 90 days.

Avoid old playmates and playgrounds.

 $\succ$  Get involved and get a home group.

➤ Ask for phone numbers and use them.

Spend time with recovering people.

#### > DON'T USE, NO MATTER WHAT!

The Twelve Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.

2. We came to believe that a Power greater than ourselves could restore us to sanity.

3. We made a decision to turn our will and our lives over to the care of God as we understood Him.

4. We made a searching and fearless moral inventory of ourselves.

5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. We were entirely ready to have God remove all these defects of character.

7. We humbly asked Him to remove our shortcomings.

8. We made a list of all persons we had harmed, and became willing to make amends to them all.

9. We made direct amends to such people wherever possible except when to do so would injure them or others.

10. We continued to take personal inventory and when we were wrong promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs."

Phone Numbers Male Female

24 Hour N.A.

Helpline

(941) 257-5055

# Suncoast Area

Narcotics Anonymous Meeting List



September 2017 "That no addict seeking recovery need ever die"

Grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

For updated local meetings and maps go to: http://suncoastNA.org For meetings outside of our area, go to: http://www.NA.org

Florida Regional Service Office -----(863) 683-8224